
USKUDAR UNIVERSITY
INSTITUTE OF SOCIAL SCIENCES
FAMILY COUNSELING MASTER'S PROGRAM
COURSE CONTENT

ADL501 Advanced Research Methods in Family Counseling (3+0) Credit: 3 ECTS: 6

This course aims to understand the nature of science and scientific research, to win rational thinking skills; acquire the necessary knowledge and understanding to prepare a research project. The content of the research methods course, the stage consists of a scientific research and theoretical basis on which this research.

ADL502 Family Counseling Theories (3+0) Credit: 3 ECTS: 6

This course provides a comprehensive survey of the major counseling theories and principles. Coursework includes the following theories: psychoanalytic, Adlerian, existential psychotherapy, behavioral, cognitive behavioral, person-centered, reality therapy/choice theory, and rational emotive behavioral therapy (REBT).

ADL503 Family Counseling Intervention Techniques (3+0) Credit: 3 ECTS: 6

This course provides a broad understanding of counseling processes, including characteristics and behaviors that influence the helping processes. Included are age, gender, ethnic differences, verbal and nonverbal behaviors, personal characteristics, and orientations. The development of counseling techniques is emphasized, including dynamic, cognitive, systemic, strategic narrative, solution oriented approaches.

ADL504 Family Counseling Applications (3+0) Credit: 3 ECTS: 6

This course is a distinctly defined, supervised clinical fieldwork experience in which the student develops basic counseling skills and integrates professional knowledge under the supervision of a faculty member.

ADL507 Family Law and Child Act (3+0) Credit: 3 ECTS: 6

This course introduces basic regulations, The Turkish Family Law and rights of women and children in Turkey. Legal aspects of engagement, divorce, adoption, custody of children and inheritance law are included in this course.

ADL509 Family Sociology (3+0) Credit: 3 ECTS: 6

This course aims to investigate family structure, its formation and functionality in the Turkish sociological system. Content of the course includes topics such as marriage, divorce, raising children, kindredship, domestic violence, family planning, social gender roles and similar subjects.

ADL513 Human Sexuality (3+0) Credit: 3 ECTS: 6

This course is divided into two distinct and separate sections. The first part of the course examines human sexuality and systems of sexual therapy. Psychological, biological, social and moral

perspectives on sexual development and functioning are also examined. In the second part sexual dysfunctions are examined.

ADL515 Crises and Trauma Interventions in Family Counseling (3+0) Credit: 3 ECTS: 6

This course is divided into three distinct and separate sections. The first part includes crisis intervention and trauma counseling; theories and strategies of trauma counseling and facilitating crisis interventions are also addressed. In the second part domestic violence assessment, detection and intervention strategies. And in the final part child abuse and maltreatment is examined.

ADL506 Developmental Psychology (3+0) Credit: 3 ECTS: 6

This course provides an understanding of the nature, needs, and differing abilities of individuals at all developmental levels. Theories of individual and family development, transitions across the life span, theories of learning, theories of personality development, and ethical and cultural strategies for facilitating optimum development over the life span are addressed.

ADL508 Psychopathology in the Family (3+0) Credit: 3 ECTS: 6

This course introduces the study of mental illnesses and the science of psychopathology. The goal is to provide counseling students a conceptual understanding of psychological and behavioral dysfunction that occurs in mental illnesses. The course includes a survey of major psychiatric disorders and their causes.

ADL519 Family Counseling Theories and Applications (3+0) Credit: 3 ECTS:6

This course provides a comprehensive survey of the major counseling theories and principles. Coursework includes the following theories: psychoanalytic, Adlerian, existential psychotherapy, behavioral, cognitive behavioral, person-centered, reality therapy/choice theory, and rational emotive behavioral therapy (REBT).

ADL520 Family Counseling Techniques and Applications (3+0) Credit: 3 ECTS: 6

This course is a distinctly defined, supervised clinical fieldwork experience in which the student develops basic counseling skills and integrates professional knowledge under the supervision of a faculty member.

ADL540 Seminar (1+0) Credit: 0 ECTS: 2

Seminar is aimed to introduce new research findings in family counseling.

ADL551 Master's Thesis I (0+0) Credit: 0 ECTS: 30

This course aims at preparing the student to the thesis by literature review and research. Student is supervised by the academic advisor in research.

ADL552 Master's Thesis II (0+0) Credit: 0 ECTS: 30

In this course students conduct a thesis study in Family Counseling under the supervision of an academic advisor.

ADL560 Project (0+0) Credit:0 ECTS:30

The project course aims for non-thesis master's degree students to present a new study in the field of Family Counseling.