

T.C.
USKUDAR UNIVERSITY
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NUTRITION AND DIETETICS
4 YEARS COURSE OF STUDY
2024-2025 ACADEMIC YEAR

FIRST YEAR

FALL (1st TERM)					SPRING (2nd TERM)						
CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
FHS141	Basic Anatomy	2	0	2	3	FHS114	Anatomy for Nutrition Science	2	0	2	3
FHS129	Human Physiology I	3	0	3	5	FHS130	Human Physiology II	3	0	3	5
NUT107	Basic Chemistry I	2	2	3	4	NUT118	Basic Chemistry II	2	2	3	4
ENG103	English-I	2	0	2	2	ENG104	English-II	2	0	2	2
TURK103	Turkish Language-I	2	0	2	2	TURK104	Turkish Language-II	2	0	2	2
ATA103	Atatürk's Principles and History of Turkish Revolution-I	2	0	2	2	ATA104	Atatürk's Principles and History of Turkish Revolution-II	2	0	2	2
AEC1T	1st Term Area Elective Courses	2	0	2	2	AEC2T	2nd Term Area Elective Courses	2	0	2	2
SECFAC1YY	1st Term Faculty Elective Courses	2	0	2	3	RPSI109	Positive Psychology and Communication Skills	3	0	3	5
PSI131	Psychology	3	0	3	4	RCUL104	University Culture-II	0	2	1	4
RCUL103	University Culture-I	0	2	1	4						
TOTAL		20	4	22	31	TOTAL		18	4	20	29

Elective Courses		T	P	C	ECTS	T	P	C	ECTS		
NUT155	Orientation of Profession	2	0	2	2	NUT154	Turkey and the World Culinary	2	0	2	2
FHS149	Basic Genetics	2	0	2	3	FHS148	Health Services Planning	2	0	2	2
FHS131	First Aid	0	2	2	3						

SECOND YEAR

FALL (3rd TERM)					SPRING (4th TERM)						
CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
NUT209	Food Chemistry and Practice I	2	4	4	6	NUT210	Food Chemistry and Practice II	2	4	4	6
NUT213	Nutritional Biochemistry I	2	0	2	4	NUT214	Nutritional Biochemistry II	2	0	2	4
NUT219	Principles of Nutrition and Practice I	2	4	4	6	NUT220	Principles of Nutrition and Practice II	2	4	4	6
NUT217	General Microbiology	2	2	3	4	NUT218	Food Microbiology	2	2	3	4
AEC3T	3rd Term Area Elective Courses	2	0	2	4	AEC4T	4th Term Area Elective Courses	2	0	2	4
AEC3T	3rd Term Area Elective Courses	2	0	2	4	AEC4T	4th Term Area Elective Courses	2	0	2	4
AEC3T	3rd Term Area Elective Courses	2	0	2	3	RPRE104	Entrepreneurship and Project Culture	2	0	2	3
TOTAL		14	10	19	31	TOTAL		14	10	19	31

Elective Courses		T	P	C	ECTS	T	P	C	ECTS		
NUT263	Nutritional Ecology	2	0	2	4	NUT354	Nutrition Counseling Services	2	0	2	4
NUT265	Adolescent Health and Nutrition	2	0	2	3	NUT256	Medicinal and Aromatic Plants in Nutrition	2	0	2	4
SOH102	Introduction to Economics	3	0	3	4	NUT258	Food Groups and Technologies	2	0	2	4

THIRD YEAR

FALL (5th TERM)					SPRING (6th TERM)						
CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
NUT301*	Nutrition and Diet Therapy in Diseases and Practice I	3	2	4	5	NUT302*	Nutrition and Diet Therapy in Diseases and Practice II	3	2	4	5
NUT303*	Nutrition and Diet Therapy in Pediatric Diseases and Practice I	3	2	4	5	NUT304*	Nutrition and Diet Therapy in Pediatric Diseases and Practice II	3	2	4	5
NUT325*	Nutritional Assessment of Community	2	0	2	5	NUT326*	Community Nutrition and Epidemiology	2	0	2	5
NUT327*	Food Service Systems I	2	0	2	5	NUT328*	Food Service Systems II	2	0	2	5
AEC5T	5th Term Area Elective Courses	2	0	2	4	AEC6T	6th Term Area Elective Courses	2	0	2	4
AEC5T	5th Term Area Elective Courses	2	0	2	4	AEC6T	6th Term Area Elective Courses	2	0	2	4
SECFAC5YY	5th Term Faculty Elective Courses	2	0	2	3	SECFAC6YY	6th Term Faculty Elective Courses	2	0	2	3
TOTAL		16	4	18	31	TOTAL		16	4	18	31

Elective Courses		T	P	C	ECTS	T	P	C	ECTS		
NUT363	Diet Therapy in Eating Disorders	2	0	2	4	NUT352	Food and Health Legislation	2	0	2	4
NUT367	Food Intolerances and Allergies	2	0	2	4	NUT358	Nutrition and Genetics	2	0	2	4
NUT371	Functional Foods and Supplements	2	0	2	4	NUT360	Sports Health and Nutrition	2	0	2	4
NUT373	Professional Communication	2	0	2	4	NUT376	Professional English II	2	0	2	4
NUT375	Professional English I	2	0	2	4	NUT378	Food - Drug Interaction	2	0	2	4
FHS125	Biostatistics	3	0	3	3	FHS145	Research Methods in Health Sciences	2	0	2	3
						FHS121	Occupational Health and Safety	2	0	2	4

FOURTH YEAR

FALL (7th TERM)					SPRING (8th TERM)						
CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
NUT409	Public Health and Nutrition Training	0	0	0	5	AEC8T	8th Term Area Elective Courses	2	0	2	4
NUT417	Nutrition and Dietetics Field Studies I	2	24	14	20	NUT418	Nutrition and Dietetics Field Studies II	2	24	14	20
NUT419	Seminar I	2	0	2	2	NUT420	Seminar II	2	0	2	2
NUT421	Applied Field Research I	2	0	2	4	NUT422	Applied Field Research II	2	0	2	4
TOTAL		6	24	18	31	TOTAL		8	24	20	30

Elective Courses		T	P	C	ECTS	T	P	C	ECTS		
						NUT452	Health Law and Ethics	2	0	2	4
						NUT369	Geriatrics and Nutrition	2	0	2	4
						NUT458	Health And Nutrition Policies In Our Country	2	0	2	4
						SAY219	Human Resources Management in Health Services	3	0	3	4

AREA ELECTIVE COURSES

CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
NUT155	Orientation of Profession	2	0	2	3	NUT375	Professional English I	2	0	2	4
NUT154	Turkey and the World Culinary	2	0	2	2	NUT352	Food and Health Legislation	2	0	2	4
NUT263	Nutritional Ecology	2	0	2	4	NUT358	Nutrition and Genetics	2	0	2	4
NUT265	Adolescent Health and Nutrition	2	0	2	3	NUT360	Sports Health and Nutrition	2	0	2	4
NUT354	Nutrition Counseling Services	2	0	2	4	NUT376	Professional English II	2	0	2	4
NUT256	Medicinal and Aromatic Plants in Nutrition	2	0	2	4	NUT378	Food - Drug Interaction	2	0	2	4
NUT258	Food Groups and Technologies	2	0	2	4	NUT452	Health Law and Ethics	2	0	2	4
NUT363	Diet Therapy in Eating Disorders	2	0	2	4	NUT369	Geriatrics and Nutrition	2	0	2	4
NUT367	Food Intolerances and Allergies	2	0	2	4	NUT458	Health And Nutrition Policies In Our Country	2	0	2	4
NUT371	Functional Foods and Supplements	2	0	2	4	SOH102	Introduction to Economics	3	0	3	4
NUT373	Professional Communication	2	0	2	4	SAY219	Human Resources Management in Health Services	3	0	3	4

FACULTY ELECTIVE COURSES

CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
FHS149	Basic Genetics	2	0	2	3	FHS125	Biostatistics	3	0	3	3
FHS131	First Aid	0	2	2	3	FHS145	Research Methods in Health Sciences	2	0	2	3
FHS148	Health Services Planning	2	0	2	2	FHS121	Occupational Health and Safety	2	0	2	4

UNIVERSITY ELECTIVE COURSES

CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS
RCUL101	University Culture-I	0	2	1	1	CIN121	Chinese I	3	0	3	3
RCUL102	University Culture-II	0	2	1	1	RUS121	Russian I	3	0	3	3
RPSC209	Positive Psychology and Communication Skills	3	0	3	5	ISP122	Spanish I	3	0	3	3
RPRE104	Entrepreneurship and Project Culture	2	0	2	3	ARA122	Arabic-II	3	0	3	3
ISP121	Spanish I	3	0	3	3	CIN122	Chinese II	3	0	3	3
ARA121	Arabic-I	3	0	3	3	RUS122	Russian II	3	0	3	3

TOTAL CREDITS REQUIRED FOR GRADUATION

(T) Theoretical Hours	112
(P) Practice and Lab Hours	84
(C) Local Credits	154
(ECTS) Total ECTS Credits	245
(E) Elective ECTS Credits	68