

Türkiye's Brain Base

## ELDERLY CARE PROGRAM

Instructor Language: Turkish English Preparatory Year: Optional Score Type: TYT



With the geriatric (advanced age) care technician program, the development of medicine and technology in the world and in our country, individuals have become more conscious about health and life expectancy has been extended. As in many countries, there has been an increase in the elderly population as well as the young population in our country. The elderly population has brought with it many problems that need to be solved.

Increasingly, the deterioration of the traditional structure and the return to the nuclear family have revealed the problem of elderly people being alone. Physiological and psychological changes brought about by aging and the difficulty of staying with the elderly with their families have increased their care needs. The prolongation of life expectancy and the increase in the care needs of the elderly have created a need for professional health workers who will carry out care services one-on-one in practice.

For this reason, the main purpose of the program is to integrate and adopt the necessary knowledge, skills and values about elderly care services for the students who will benefit from the program; moreover, to enable them to become competent health technicians who have the qualifications to implement and improve the elderly care service in public, private and non-governmental organizations. The education principles of the Elderly Care and Rehabilitation Program consist of knowing the basic characteristics and needs of the elderly and acquiring the ability to meet the needs of life in this direction, as well as the ability to approach the elderly in a holistic

way. Applications are made in hospitals, nursing homes and elderly care rehabilitation centers, elderly day centers, and institutions providing home care services.

The goal of the program is to raise professionals who can fulfill the care needs of the elderly, prepare and provide the necessary environments, contribute to the development of the health standards of the elderly and increase their quality of life, have the qualifications to implement and improve the elderly care services, produce solutions, have analytical thinking ability, teamwork and sense of responsibility.

Our graduates who have completed the program and received a diploma can work under the supervision of experts in the relevant units of the Social Services and Child Protection Agency, Municipalities, Hospitals, Non-Governmental Organizations and Private Institutions, where nursing homes and elderly care services are carried out. Graduates can also take the Emergency Aid and Disaster Management, Nutrition and Dietetics, Physiotherapy and Rehabilitation, Gerontology, Nursing, Health Management, Social Sciences, and Emergency Aid and Disaster Management Exam with vertical transfer exam if a quota is opened in their fields by making use of the provisions of the Regulation on the Continuation of Vocational Schools and Open Education Associate Degree Graduates to Undergraduate Education. They can gain the right to enroll in service licensing programs.

## CURRICULUM

FIRST YEAR												
FALL SEMESTER (First Semester)					SPRING SEMESTER (Second Semester)							
Code	Course Title	T	A	C	ECTS	Code	Course Title	T	A	C	ECTS	
MYO101	BASIC ANATOMY AND PHYSIOLOGY	3	0	3	4	FAR105	BASIC PHARMACOLOGY	2	0	2	3	
YBH105	BASIC GERONTOLOGY (DEC)	2	0	2	5	YBH106	ELDERLY CHRONIC DISEASES I (DEC)	2	0	2	4	
YBH101	ELDERLY CARE PRINCIPLES AND APPLICATIONS I	2	0	2	5	YBH117	ELDERLY CARE PRINCIPLES AND APPLICATIONS II*	2	8	6	9	
RPSI209	POSITIVE PSYCHOLOGY AND COMMUNICATION SKILLS (UEC)	2	0	2	3	RKUL102	UNIVERSITY CULTURE II* (UEC)	0	2	1	1	
RKUL101	UNIVERSITY CULTURE I* (UEC)	0	2	1	1	ATA102	ATATÜRK'S PRINCIPLES AND REVOLUTION HISTORY II	2	0	2	3	
ATA101	ATATÜRK'S PRINCIPLES AND REVOLUTION HISTORY I	2	0	2	3	TURK102	TURKISH LANGUAGE II	2	0	2	3	
TURK101	TURKISH LANGUAGE I	2	0	2	3	INGU102	ENGLISH II *	3	0	3	3	
INGU101	ENGLISH I	3	0	3	3	YBH114	ELDERLY PSYCHOLOGY	2	0	2	4	
BES101	NUTRITIONAL PRINCIPLES	2	0	2	3							
<b>TOTAL</b>		<b>18</b>	<b>2</b>	<b>19</b>	<b>30</b>	<b>TOTAL</b>		<b>15</b>	<b>10</b>	<b>20</b>	<b>30</b>	

SECOND YEAR												
FALL SEMESTER (Third Semester)					SPRING SEMESTER (Fourth Semester)							
Code	Course Title	T	A	C	ECTS	Code	Course Title	T	A	C	ECTS	
YBH213	ELDERLY CARE PRINCIPLES AND APPLICATIONS III	2	0	2	6	YBH200	ELDERLY CARE PRINCIPLES AND APPLICATIONS IV**	2	16	10	13	
YBH209	CHRONIC DISEASES IN THE ELDERLY II (DEC)	2	0	2	4	YBH212	REHABILITATION FOR THE ELDERLY	2	0	2	5	
MET101	OCCUPATIONAL ETHICS (DEC)	2	0	2	2	YBH218	SOCIAL RESPONSIBILITY (DEC)	2	0	2	4	
YBH219	ELDERLY CARE SERVICES AT HOME (DEC)	2	0	2	6	YBH210	PALLATIVE AND END OF LIFE MAINTENANCE	2	0	2	5	
YBH221	ELDERLY CARE PRINCIPLES AND APPLICATIONS III**	0	8	4	8	ILK101	FIRST AID	2	0	2	3	
EHB219	PASSTIME ACTIVITIES	2	0	2	4							
<b>TOTAL</b>		<b>10</b>	<b>8</b>	<b>14</b>	<b>30</b>	<b>TOTAL</b>		<b>10</b>	<b>16</b>	<b>18</b>	<b>30</b>	

(T) THEORETICAL HOUR (A) APPLICATION HOUR (C) LOCAL CREDIT (ECTS) EUROPEAN CREDIT TRANSFER SYSTEM

DEC: Departmental Elective Courses

UEC: University Elective Courses

CRITERIA REQUIRED FOR GRADUATION	
THEORETICAL HOUR	53
APPLICATION HOUR	36
LOCAL CREDIT	71
ECTS	120
TOTAL ECTS OF ELECTIVE COURSES (UNIVERSITY + (25% of TOTAL ECTS )	30

\* Applied Course

\*\* Vocational Education in Business

\*\*\*Internship