

T.C.
USKUDAR UNIVERSITY
FACULTY OF HEALTH SCIENCES
DEPARTMENT OF NUTRITION AND DIETETICS
2019-2020 ACADEMIC YEAR
CURRICULUM

FIRST YEAR												
FALL (1st TERM)							SPRING (2nd TERM)					
CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
FHS141	Basic Anatomy	2	0	2	3		FHS114	Anatomy for Nutrition Science	2	0	2	3
FHS129	Human Physiology I	3	0	3	5		FHS130	Human Physiology II	3	0	3	5
NUT107	Basic Chemistry I	2	2	3	4		NUT118	Basic Chemistry II	2	2	3	4
NUT115*	Principles of Nutrition and Practice I	2	4	4	6		NUT116*	Principles of Nutrition and Practice II	2	4	4	6
TURK101	Turkish Language-I	2	0	2	3		TURK102	Turkish Language-II	2	0	2	3
ATA101	Atatürk's Principles and History of Turkish Revolution-I	2	0	2	3		ATA102	Atatürk's Principles and History of Turkish Revolution-II	2	0	2	3
RCUL101	University Culture-I	0	2	1	1		SECBÖL1YY	2nd Term Area Elective Courses	2	0	2	2
RPSI209	Positive Psychology and Communication Skills	3	0	3	5		SECBOL2YY	2nd Term Faculty Elective Courses	2	0	2	3
							RCUL102	University Culture-II	0	2	1	1
TOTAL		16	8	20	30		TOTAL		17	8	21	30
							Elective Courses					
							NUT154	Turkey and the World Culinary	2	0	2	2
							NUT156	Medicine and Nutrition in European Social History	2	0	2	2
							NUT155	Orientation of Profession	2	0	2	3
							NUT157	Introduction to Nutrition Sciences	2	0	2	3
Prerequisite: Students who are not successful in NUT115 cannot take NUT116.												
SECOND YEAR												
FALL (3rd TERM)							SPRING (4th TERM)					
CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
ENG101	English-I	3	0	3	3		ENG102	English-II	3	0	3	3
NUT209	Food Chemistry and Practice I	2	4	4	6		NUT210	Food Chemistry and Practice II	2	4	4	6
NUT203	Nutritional Biochemistry I	3	0	3	4		NUT204	Nutritional Biochemistry II	3	0	3	4
NUT217	General Microbiology	2	2	3	4		NUT218	Food Microbiology	2	2	3	4

SECBÖL3YY	3rd Term Area Elective Courses	3	0	3	3		RPRE104	Entrepreneurship and Project Culture	2	0	2	3
SECBÖL3YY	3rd Term Area Elective Courses	2	0	2	3		SECBÖL4YY	4th Term Area Elective Courses	2	0	2	4
SECBÖL3YY	3rd Term Area Elective Courses	2	0	2	4		SECBÖL4YY	4th Term Area Elective Courses	2	0	2	4
							PSI131	Psychology	3	0	3	4
TOTAL		17	6	20	27		TOTAL		19	6	22	32
Elective Courses							Elective Courses					
NUT255	Nutrition Anthropology	2	0	2	3		NUT258	Food Groups and Technologies	2	0	2	4
NUT253	Nutritional Ecology	2	0	2	3		NUT256	Medicinal and Aromatic Plants in Nutrition	2	0	2	4
NUT254	Mother and Child Nutrition	2	0	2	4		NUT260	Demographical Structure and Health	2	0	2	4
SOH102	Introduction to Economics	3	0	3	4							
THIRD YEAR												
FALL (5th TERM)						SPRING (6th TERM)						
CODE	COURSE NAME	T	P	C	ECTS	CODE	COURSE NAME	T	P	C	ECTS	
NUT301*	Nutrition and Diet Therapy in Diseases and Practice I	3	2	4	5	NUT302*	Nutrition and Diet Therapy in Diseases and Practice II	3	2	4	5	
NUT303*	Nutrition and Diet Therapy in Pediatric Diseases and Practice I	3	2	4	5	NUT304*	Nutrition and Diet Therapy in Pediatric Diseases and Practice II	3	2	4	5	
NUT315	Nutritional Assessment of Community	3	0	3	5	NUT316	Community Nutrition and Epidemiology	3	0	3	5	
NUT317*	Food Service Systems I	3	0	3	5	NUT318*	Food Service Systems II	3	0	3	5	
SECFAK5YY	5th Term Faculty Elective Courses	2	0	2	3	SECFAK6YY	6th Term Area Elective Courses	2	0	2	3	
SECBÖL5YY	5th Term Area Elective Courses	2	0	2	4	SECBÖL6YY	6th Term Area Elective Courses	2	0	2	4	
SECBÖL5YY	5th Term Area Elective Courses	2	0	2	4	SECBÖL6YY	6th Term Area Elective Courses	3	0	3	4	
TOTAL		18	4	20	31	TOTAL		19	4	21	31	
Elective Courses						Elective Courses						
NUT361	Professional English	2	0	2	4	NUT352	Food and Health Legislation	2	0	2	4	
NUT363	Diet Therapy in Eating Disorders	2	0	2	4	NUT354	Nutrition Counseling Services	2	0	2	4	
NUT365	Nutrition in Special Cases	2	0	2	4	NUT356	Functional Foods	2	0	2	4	
NUT367	Food Intolerances and Allergies	2	0	2	4	NUT360	Sports Health and Nutrition	2	0	2	4	
NUT369	Child and Adolescent Nutrition	2	0	2	4	NUT362	Micronutrient, Food and Drug Interactions	2	0	2	4	
NUT358	Nutrition and Genetics	2	0	2	4	NUT364	Diabetes and Medical Nutrition Treatment	3	0	3	4	
FHS125	Biostatistics	2	0	2	3	FHS121	Occupational Health and Safety	2	0	2	3	
FHS149	Basic Genetics	2	0	2	3	FHS145	Research Methods in Health Sciences	3	0	3	4	
*Prerequisite: Students who are not successful in NUT116 cannot take NUT301, NUT303, NUT317.												
*Prerequisite: Students who are not successful in NUT301 cannot take NUT302.												

**Prerequisite: Students who are not successful in NUT303 cannot take NUT304.*

**Prerequisite: Students who are not successful in NUT317 cannot take NUT318.*

FOURTH YEAR

FALL (7th TERM)							SPRING (8th TERM)					
CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
NUT401*	Nutrition in Public Health Training	0	0	0	4		SECBÖL8YY	8th Term Area Elective Courses	2	0	2	4
NUT413*	Nutrition and Dietetics Field Studies I	2	20	12	20		NUT414*	Nutrition and Dietetics Field Studies II	2	20	12	20
NUT415	Seminar I	1	0	1	2		NUT416	Seminar II	1	0	1	2
NUT407	Applied Field Research I	0	2	2	4		NUT408	Applied Field Research II	0	2	2	4
TOTAL		3	22	15	30		TOTAL		5	22	17	30
						Elective Courses						
						NUT452	Health Law and Ethics	2	0	2	4	
						NUT454	Nutrition Information Systems	2	0	2	4	

**Prerequisite: Students who are not successful in NUT315 and NUT316 cannot take NUT401.*

**Prerequisite: Students who are not successful in NUT115, NUT116, NUT301, NUT302, NUT303, NUT304, NUT317 and NUT318 cannot take NUT413 and NUT414.*

ELECTIVE COURSES

AREA ELECTIVE COURSES

CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
NUT153	Demographic Structure and Health	2	0	2	3		NUT354	Nutrition Counseling Services	2	0	2	4
NUT155	Orientation of Profession	2	0	2	3		NUT356	Functional Foods	2	0	2	4
NUT157	Introduction to Nutrition Sciences	2	0	2	3		NUT363	Diet Therapy in Eating Disorders	2	0	2	4
NUT154	Turkey and the World Culinary	2	0	2	2		NUT362	Micronutrient, Food and Drug Interactions	2	0	2	4
NUT156	Medicine and Nutrition in European Social History	2	0	2	2		NUT364	Diabetes and Medical Nutrition Treatment	3	0	3	4
NUT253	Nutritional Ecology	2	0	2	3		NUT365	Nutrition in Special Cases	2	0	2	4
NUT254	Mother and Child Nutrition	2	0	2	4		NUT358	Nutrition and Genetics	2	0	2	4
NUT255	Nutrition Anthropology	2	0	2	3		NUT367	Food Intolerances and Allergies	2	0	2	4
NUT256	Medical Aromatic Plants in Nutrition	2	0	2	4		NUT360	Sports Health and Nutrition	2	0	2	4
NUT258	Food Groups and Technologies	2	0	2	4		NUT369	Child and Adolescent Nutrition	2	0	2	4
NUT361	Professional English	2	0	2	4		NUT452	Health Law and Ethics	2	0	2	4
NUT352	Food and Health Legislation	2	0	2	4		NUT454	Nutrition Information Systems	2	0	2	4

FACULTY ELECTIVE COURSES

CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
------	-------------	---	---	---	------	--	------	-------------	---	---	---	------

PSI103	Anthropology	2	0	2	3		SAY429	Health Economics	3	0	3	4
PSI131	Psychology	3	0	3	4		FHS111	Public Health	2	0	2	3
SOH102	Introduction to Economics	3	0	3	4		FHS112	Introduction to Law	2	0	2	3
FHS124	Environmental Health	2	0	2	3		FHS113	Effective Speaking and Diction	2	0	2	3
SAY217	Management And Organization In Health Services	3	0	3	5		FHS114	Music	2	0	2	3
SAY308	Quality Management in Health Institutions	3	0	3	6		FHS125	Biostatistics	2	0	2	3
SAY314	Consumer Behavior in Health	2	0	2	4		FHS131	First Aid	1	2	2	3
SAY321	Patient Relationship Management	3	0	3	4		FHS117	Gerontology - Geriatrics Introduction to Science	2	0	2	3
SAY407	Health Anthropology and Sociology	3	0	3	4		FHS128	Basic Physiology	3	0	3	5
SAY416	Health Tourism	2	0	2	3		FHS141	Basic Anatomy	2	0	2	3
FHS118	Tek Denekli Araştırmalara Genel Bakış	2	0	2	3		FHS149	Basic Genetic	2	0	2	3
FHS119	Nitel Araştırmalara Genel Bakış	2	0	2	3		FHS145	Research Methods in Health Sciences	3	0	3	4
FHS121	İş Sağlığı ve Güvenliği	2	0	2	3							
UNIVERSITY ELECTIVE COURSES												
CODE	COURSE NAME	T	P	C	ECTS		CODE	COURSE NAME	T	P	C	ECTS
RKUL101	University Culture-I	0	2	1	1		CIN121	Chinese I	3	0	3	5
RKUL102	University Culture-II	0	2	1	1		RUS121	Russian I	3	0	3	5
RPSI209	Positive Psychology and Communication Skills	3	0	3	5		ISP122	Spanish II	3	0	3	5
RPRG104	Entrepreneurship and Project Culture	2	0	2	3		ARA122	Arabic-II	3	0	3	5
ISP121	Spanish I	3	0	3	5		CIN122	Chinese II	3	0	3	5
ARA121	Arabic-I	3	0	3	5		RUS122	Russian II	3	0	3	5
TOTAL CREDITS REQUIRED FOR GRADUATION												
(T) Theoretical Hours								114				
(P) Practice and Lab Hours								80				
(C) Local Credits								156				
(ECTS) Total ECTS Credits								241				
(E) Elective ECTS Credits								63				