# REPUBLIC of TURKEY

# ÜSKÜDAR UNIVERSITY

# FACULTY of HEALTH SCIENCES

# NURSING DEPARTMENT COURSE CONTENTS

#### YEAR ONE (FALL)

#### NRS101 Healthy Life and Nursing-I

(4+0+0) 4 ECTS: 7

This course focuses on the basic concepts of nursing- health, environment and nursing-. Historical aspects of nursing and developing roles of nursing and scientific process are being emphasized. Relationships between nursing and the concept of health, aspects of health, importance of health promotion and prevention, environment and its components, importance of the environment on the human life are being studied.

NRS103 Anatomy (2+0+2) 3 ECTS: 4

This course includes the function of the systems related to the anatomy of the body organs, the morphological structure of the all human body systems, functions and adjacencies of the organs and applying this knowledge in clinical practice is expected.

NRS105 Physiology (2+0+2) 3 ECTS: 4

This course includes psychology of the basic concepts and theories, biological basis of behavior, growth, learning, memory, language and thinking, basic impulses and instincts, feelings and emotions, intelligence, social, relationships with functional impairments and disabilities in situations of psychological.

**RPSC209 Pozitive Psychology and Communication Skills** 

(3+0+0) 3 ECTS: 5

ENG101 English-I (3+0+0) 3 ECTS: 3

This course includes the use of be (present)-meeting people-the use of have got/has got-describing people-the use of can and have to-telling the time- the present simple- the use of would like-talking about daily life-the use of there is/there are-the use of be in the simple past tense-regular and irregular verbs and their uses in the past tense- giving dates- present continuous tense-nonprogressive verbs-talking about health-be going to- some phrasal verbs- talking about experiences-the present perfect tense-future- will-past continuous tense-talking about people and places-possibilities-talking about activities.

#### **TURK101 Turkish Language-I**

(2+0+0) 2 ECTS: 3

This course includes syntactic elements of Turkish language, the sentence types, expression errors, punctuation marks, presentation, poem, essay, composition, story, newspaper, and magazine studies and applications.

# ATA101 Atatürk's Principles and History of Turkish Revolution-I

(2+0+2) 2 ECTS: 3

This course includes reform movements as a reaction to decline and disintegration of the Ottoman Empire caused by political, social, cultural and socio-psychological problems that emerged as a result of the encounter of the western and Turkish cultures; political events during the transitional period from the Ottoman Empire to the national state and the foundation of the Turkish Republic following the national struggle led by Mustafa Kemal Atatürk.

#### **RKUL101 University Culture-I**

(0+2+0) 1 ECTS: 1

This course of university students, social, cultural and political events related intellectual knowledge to have the general curriculum outside the multidisciplinary knowledge in the process of being open, critical and critical thinking and analytical acting ability that aims to give. Students also discussed in public outside their areas of science, technical, social, political and cultural issues in the field of people who are experts attending the seminar will have the ability to comment. Students to college life and joined the program during the seminar will be about 10-12.

#### YEAR ONE (SPRING)

# NRS102 Healthy Life and Nursing-II

(4+0+0) 4 ECTS: 7

This course focuses on the concept of human which is one of the basic concepts in nursing. All aspects of human and functions of human through the "Functional Health Pattern Model" are being discussed. To apply this knowledge for functional assessment of own and the other healthy individuals is expected from students. It provides the fundamental knowledge necessary to carry out professional nursing roles in the process of wellness.

#### **NRS104 Health Assessment**

(2+0+2) 3 ECTS: 5

This course provides knowledge and practices to the students health assessment techniquesobservation, interview, physical examination-to obtain the necessary data for nursing. Comprehensive assessment of a healthy individual is expected from the students.

#### NRS106 Biochemistry

(2+0+0) 2 ECTS: 2

This course includes a variety of molecules, their chemical reactions on organism, biochemical processes in human body, carbohydrates, amino acids, nucleic acid and lipid, recognizing and evaluation of normal biochemistry values.

# **PSI131 Psychology**

(3+0+0) 3 ECTS: 4

This course includes the recognition of behavior, explaining of the causes of behaviors, information about psychology, learning of psychological apparatus, recognition of psychological homeostasis.

NRS112 Nutrition (2+0+0) 2 ECTS: 2

This course includes definition of nutrition principles, food groups and nutrients, the health effects of eating a balanced diet and adequate, factors that influence nutrition, nutrition frequency, calorie calculation, recent developments in our country and in the world of nutrition, nutrition in special cases (especially in children, adolescents).

#### **ENG102 English-II**

(3+0+0) 3 ECTS: 3

This course includes simple past tense, countable and uncountable nouns, some / any / a few / a little, comparatives and superlatives, present continuous, possessive pronouns, going to future tense adverbs and adjectives, present perfect tense.

This course includes the students with knowledge on the status and importance of language as a social structure of a nation, language-culture relations, the place of Turkish among other languages with its historical development and spread.

# ATA102 Atatürk's Principles and History of Turkish Revolution-II (2+0+0) 2 ECTS: 3

This course includes political social, economic and cultural changes and developments caused by the restructuring of the state and society in line with the Atatürk's principles and revolutions which aimed at raising the Turkish Republic to the level of modern nations; evaluation of the internal and external political events with the aim of finding solution to current problems.

# **RKUL102 University Culture-II**

(0+2+0) 1 ECTS: 1

This course of university students, social, cultural and political events related intellectual knowledge to have the general curriculum outside the multidisciplinary knowledge in the process of being open, critical and critical thinking and analytical acting ability that aims to give. Students also discussed in public outside their areas of science, technical, social, political and cultural issues in the field of people who are experts attending the seminar will have the ability to comment. Students to college life and joined the program during the seminar will be about 10-12.

#### YEAR TWO (FALL)

#### NRS201 Life Cycle and Nursing

(8+8+2) 13 ECTS: 20

In this course, the nursing process, professional communication issues, all life periods from conception and birth to death of individuals and families in cognitive, social, physical, emotional, spiritual developmental characteristics, the development of well-being and optimal health in life span, common health problems and needs of individuals in holistic approach are being studied. It provides the opportunity to develop professional caring practice with individuals and families at various stages of the lifecycle with an emphasis on health assessment.

#### **NRS203 Professional Communication**

(2+0+0) 2 ECTS: 3

This course includes the concept of communication, variables which affect communication, the difference between professional relationship and social relationship, techniques which affect communication either positively or negatively, individuals nurse relationship stages, self-recognition in communication, assertiveness in communication, approaches to some of the patient-individual behaviors, communication in special cases.

#### NRS205 Microbiology

(2+0+0) 2 ECTS: 3

This course includes basic concepts on microbiology, microbial morphology and physiology, bacterial metabolism, genetics, and the classification microorganisms, and control of microorganisms pertinent to the health care arena.

**NRSXXX Elective Course** 

#### YEAR TWO (SPRING)

# NRS202 Health Impairment and Health Care-I

(8+8+2) 13 ECTS: 20

This course includes disease and disease-related concepts, classification of diseases and diagnostic and treatment methods, patient acceptance and responsibilities of the nurse, preparation of patient's unit and the bed, nosocomial infections, infection control and basic nursing practice, nursing interventions related to nutritional patterns, elimination patterns, cognitive-perceptual patterns and activity- exercise patterns, oral and parenteral drug application, hospitalization's effect on individual's body image and self-concept.

#### **NRS204 Education in Nursing**

(3+0+0) 3 ECTS: 4

This course includes the teaching-learning concept and process, learning theories, educational goals and objectives, teaching methods and learning/teaching materials, evaluation processes, importance the education in health care, nurse's educational role, learning needs assessment of persons, groups and community, professional education, health education, in-service education.

#### **NRS206 Pharmacology**

(2+0+0) 2 ECTS: 2

This course includes basic concepts in pharmacology and toxicology, pharmacological properties and side effects of the drug acting tissue and organ systems.

#### NRS212 Pathology

(2+0+0) 2 ECTS: 2

This course includes introduction to pathology, the methods and techniques used in the pathology lab, mechanisms of cellular adaptation, stem cells, mechanisms of cellular injury, necrosis and apoptosis, inflammation and cellular repair mechanisms, immunopathology, pathology of infectious diseases, pathology of genetic diseases, hemodynamic disorders and neoplasia.

#### **NRSXXX Elective Course**

#### YEAR THREE (FALL)

#### NRS319 Health Impairment and Health Care-II

(5+6+0) 8 ECTS: 10

This course focuses on changes in health status of adult patients with medical and surgical problems, and their families and environments in holistic approach, assessment of patient through the model of "Functional Health Patterns" and basic nursing care skills for patients.

#### NRS321 Health Impairment and Health Care-III

(5+6+0) 8 ECTS: 10

This course focuses on changes in health status of adult patients with medical and surgical problems, and their families and environments in holistic approach, assessment of patient through the model of "Functional Health Patterns" and basic nursing care skills for patients.

#### **NRS303 Research Methods**

(3+0+0) 3 ECTS: 4

This course focuses on the importance of nursing research, research process and types of research, data collection, research ethics, written and oral presentation of the research, the use of research in nursing practice.

**NRSXXX Elective Course** 

(2+0+0) 2 ECTS: 3

**XXXXXX Elective Course** 

#### YEAR THREE (SPRING)

#### NRS320 Health Impairment and Health Care-IV

(5+6+0) 8 ECTS: 11

This course focuses on changes in health status of women and children, and their families and environments in holistic approach, assessment of patient through the model of "Functional Health Patterns" and basic nursing care skills for patients.

#### NRS322 Health Impairment and Health Care-V

(5+6+0) 8 ECTS: 10

This course focuses on changes in health status of women and children, and their families and environments in holistic approach, assessment of patient through the model of "Functional Health Patterns" and basic nursing care skills for patients.

#### **NRS306 Nursing Ethics**

(2+0+0) 2 ECTS: 3

This course includes the development of nursing ethics, informed consent, refuse treatment, confidentiality, privacy, euthanasia, genetic studies, reproductive health, and organ and tissue transplantation, ethical issues in nursing practice and unethical practices, and responsibilities of the nurse's and ethical decision-making process.

SAY203 Biostatistics (3+0+0) 3 ECTS: 4

This course includes data preparation for statistical analysis, data analysis methods, parametric and non-parametric tests, selecting the appropriate tests and interpretation of research results, assessment of research critically.

#### **RPRE104** Entrepreneurship and Project Culture

(2+0+0) 2 ECTS: 3

This course includes comprehensive information about graduation project implementation instead of graduation project, student-centered, bringing all academicians for determining a goal for real life, discovering new things, problem solving, time management skills and community service.

#### YEAR FOUR (FALL)

#### NRS405 Health Impairment and Health Care-VI

(5+8+0) 9 ECTS: 12

This course includes examination of common mental disorders of adult individuals and health problems affecting individual, family and community, health protection, treatment and rehabilitation of individuals with complex health problems through bio-psycho-social assessment and appropriate nursing interventions.

#### NRS407 Health Impairment and Health Care-VII

(5+8+0) 9 ECTS: 12

This course includes examination of common mental disorders of adult individuals and health problems affecting individual, family and community, health protection, treatment and rehabilitation of individuals with complex health problems through bio-psycho-social assessment and appropriate nursing interventions.

#### NRS403 Management and Leadership in Nursing

(3+0+0) 3 ECTS: 5

This course includes management of nursing services and patient care, management theories and functions, leadership concept and skills, management process, and basic management skills such as human resource management, recruitment, performance appraisal, legal and ethical issues in management processes.

# **YEAR FOUR (SPRING)**

# NRS404 Internship Program

(2+20+0) 12 ECTS: 27

In the internship program, students strengthen the knowledge and skills of nursing care in the fouryear period determined by the department (compulsory), and the student's interest (elective) to specific areas of clinical practice, during practice critical thinking and decision making, problem-solving, communication, and so on.

**NRSXXX Elective Course** 

#### **ELECTIVE COURSES (DEPARTMENT)**

NRS107 Histology (2+0+0) 2 ECTS: 2

This course includes common structural features of different cell types in human body, histological features of cell membrane, nucleus, cytoplasm and organelles, the importance of nucleus and sub-structures in human life activity, human structure characteristics and functional characteristics, different characteristics of different types of microscope, human organism tissues, epithelial tissue, connective tissue, cartilage and bone tissue, muscle tissue, nerve tissue and blood forming cells, and extracellular matrix properties.

NRS112 Nutrition (2+0+0) 2 ECTS: 2

This course includes definition of nutrition principles, food groups and nutrients, the health effects of eating a balanced diet and adequate, factors that influence nutrition, nutrition frequency, calorie calculation, recent developments in our country and in the world of nutrition, nutrition in special cases (especially in children, adolescents).

#### **NRS203 Professional Communication**

(2+0+0) 2 ECTS: 3

This course includes the concept of communication, variables which affect communication, the difference between professional relationship and social relationship, techniques which affect communication either positively or negatively, individuals nurse relationship stages, self-recognition in communication, assertiveness in communication, approaches to some of the patient-individual behaviors, communication in special cases.

#### **NRS204 Education in Nursing**

(3+0+0) 3 ECTS: 4

This course includes the teaching-learning concept and process, learning theories, educational goals and objectives, teaching methods and learning/teaching materials, evaluation processes, importance the education in health care, nurse's educational role, learning needs assessment of persons, groups and community, professional education, health education, in-service education.

#### **NRS207 Geriatric Nursing**

(2+0+0) 2 ECTS: 3

This course includes demographic profiles of the elderly in our country or the world, aging concept and theories, physiological changes in the elderly, common chronic diseases of the elderly, psychosocial problems, home care and quality of life, ageing related national health policies and regulations.

NRS209 Sexual Health (2+0+0) 2 ECTS: 3

This course includes structure of the reproductive systems, male- female reproductive system, function of sexuality and the reproductive systems, factors affecting sexuality, sexually transmitted diseases and alterations in sexual health.

NRS212 Pathology (2+0+0) 2 AKTS: 3

This course includes introduction to pathology, the methods and techniques used in the pathology lab, mechanisms of cellular adaptation, stem cells, mechanisms of cellular injury, necrosis and apoptosis, inflammation and cellular repair mechanisms, immunopathology, pathology of infectious diseases, pathology of genetic diseases, hemodynamic disorders and neoplasia.

#### NRS246 Psychodrama Practices

(2+0+0) 2 ECTS: 3

This course includes the knowledge and during practice nursing skills for the concepts of psychodrama, facts, phases and their practice methods, some dramatizations for having self-knowledge, identity development, professional identity, self- insight, empathy, communication skills and catharsis are targeted.

# NRS250 Sign Language-I

(2+0+0) 2 ECTS: 3

This course includes hand and finger figures, the functions of mimics, the usage of one/two hand(s), the relationship between sign and Turkish, the compatibility of hand-body and face-message, greeting, communication with hearing impaired individuals, a music practice with sign language.

#### NRS351 Sign Language-II

(2+0+0) 2 ECTS: 3

This course includes hand and finger figures, the functions of mimics, the usage of one/two hand(s), the relationship between sign and Turkish, the compatibility of hand-body and face-message, greeting, communication with hearing impaired individuals, a music practice with sign language.

#### **NRS305 Oncology Nursing**

(2+0+0) 2 ECTS: 3

This course presents occurrence, etiology and frequency of cancer in Turkey and around the world, prevent and early diagnosis and treatment methods of cancer, problems of cancer patients and their families' physical symptoms related to treatment and planning of nursing interventions.

#### **NRS306 Nursing Ethics**

(2+0+0) 2 ECTS: 3

This course includes the development of nursing ethics, informed consent, refuse treatment, confidentiality, privacy, euthanasia, genetic studies, reproductive health, and organ and tissue transplantation, ethical issues in nursing practice and unethical practices, and responsibilities of the nurse's and ethical decision-making process.

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#### NRS307 Coping with Stress and Crisis Management

(2+0+0) 2 ECTS: 3

This course includes stress, reactions to stress, meaning of coping, age periods and ways of coping, collect data aimed at the field of overcoming the stress, according to Functional Health Patterns, coping methods and mindfulness.

#### **NRS309 Home Care Nursing**

(2+0+0) 2 ECTS: 3

This course includes history of home care services and home care nursing, home care team and their roles and responsibilities, the characteristics of persons who need home care services, importance of discharge planning for home care, health assessment and nursing care planning for patient and family in home environment, symptom control and medication management at home, home care of person with physical and/or mental disabilities, home care for elderly people, stress and burn out of family members and nurses.

#### NRS311 First Aid and Immediate Care

(2+0+0) 2 ECTS: 3

This course includes basic concepts of the first aid and emergency care, management of emergency care, maintaining the homeostasis.

# NRS313 Psychosocial Care

(2+0+0) 2 ECTS: 3

This course includes the meaning of health and disease for individual, effects on individual (on psychosocial dimension especially), individual's psychosocial problems related nursing practices, effective communication with individual with health problems, assessment of individual multi dimensionally, psychosocial problems of nurses and other health professionals who work with individuals with health problems and solutions for them.

#### **NRS315 Forensic Nursing**

(2+0+0) 2 ECTS: 3

This course presents drawing the nurses' attention to forensic sciences, discuss the basic information, comprehension and attitudes to enlighten the crime.

# NRS317 Sociology of Health

(2+0+0) 2 ECTS: 3

This course includes the birth, development and topics of Sociology of Health, basic concepts, health-disease system, health and society, health and culture, the relationship of sociocultural structure and health-disease, the attitudes about health services, the relationship of health servant and patient.

#### NRS320 Epidemiology

(2+0+0) 2 AKTS: 3

This course includes the definition and significance of epidemiology, types of searches, the concepts of health policy and health planning, the relation between epidemiology and health policies, the concept, significance and usage of surveillance.

#### **NRS404 Internship Program**

(2+20+0) 12 ECTS: 27

In the internship program, students strengths the knowledge and skills of nursing care in the fouryear period determined by the department (compulsory), and the student's interest (elective) to specific areas of clinical practice, during practice critical thinking and decision making, problem-solving, communication, and so on.

NRS411 Health Law (2+0+0) 2 ECTS: 3

This course includes the basic concept of medicine law, patient and health worker rights, criminal, legal, professional and administrative responsibilities of medical professional, informed consent, process of medical malpractice, documentation and insurance systems.

#### **NRS412 Health Economics**

(2+0+0) 2 ECTS: 3

The health sector of the economy, with emphasis on the health sector, service, production, consumption, and resource allocation efficiency cases for the qualitative and quantitative methods taught by these, and quality of life of the citizens for the countrys economy, both in terms of the emphasis on the importance of resource efficiency and to ensure process efficiency and increasing, we will focus on.

#### **ENG251 Vocational English-I**

(2+0+0) 2 ECTS: 3

This is an elementary level professional English course. The learners are expected to develop four basic language skills; listening, speaking, reading and writing through various kinds of teaching techniques and practices. Furthermore, they are able to read and understand the texts about their professional fields and gain some related knowledge about them in English language.

#### **ENG252 Vocational English-II**

(2+0+0) 2 ECTS: 3

This is an elementary level professional English course. The learners are expected to develop four basic language skills; listening, speaking, reading and writing through various kinds of teaching techniques and practices. Furthermore, they are able to read and understand the texts about their professional fields and gain some related knowledge about them in English language.

#### **ELECTIVE COURSES (AREA)**

ERG407 Art Studio (2+2+0) 3 ECTS: 3

This course includes theoretical and practical knowledge about basic three concepts of art which are line, light-shadow, and colors are taught, applications of ceramic, painting arts for person-centered therapy program.

# **ERG423 Bibliotherapy**

(2+0+0) 2 ECTS: 2

This course includes different works of literature such as poem, story, novel in a therapeutic process, and ways of planning bibliotherapy session in either individual or group.

**SAY413 Health Tourism** 

(3+0+0) 3 ECTS: 3

This course includes the concepts, features and development of health tourism, health tourism sector, regulations in health tourism and the types of health tourism.

**FHS113 Effective Communication and Diction** 

(2+0+0) 2 AKTS: 3

**FHS114 Music** 

(2+0+0) 2 AKTS: 3

**FHS119 Qualitative Research Designs** 

(2+0+0) 2 AKTS: 3

FHS121 Occupational Health and Safety

(2+0+0) 2 AKTS: 3

#### **ELECTIVE COURSES (UNIVERSITY)**

#### **COM206 Effective and Creative Communication Techniques**

(2+0+0) 2 ECTS: 3

The course includes subjects like general definition of communication, types, levels and dimensions of communication, the concept of effective presentation and enhancing the impact of presentation tools in communication, visual aids in the presentation, presentation-oriented activities, effective and creative presentation ways, parameters affecting presentation and practical studies related to them.

# PHIL210 Anthropology

(2+0+0) 2 ECTS: 3

This course includes analysis of human as thinking and a social being, cultural anthropology, analysis of human behavior by comparison, social behaviors and organizations in social groups constitute.

#### PHIL211 Philosophy of Human

(2+0+0) 2 ECTS: 3

This course includes main issues of philosophy of anthropology, the background of these issues, philosophers' ideas about human from ancient times to nowadays, basic approaches to human and human issues in this era.

#### **RCUL101 University Culture-I**

(0+2+0) 1 ECTS: 1

This course of university students, social, cultural and political events related intellectual knowledge to have the general curriculum outside the multidisciplinary knowledge in the process of being open, critical and critical thinking and analytical acting ability that aims to give. Students also discussed in public outside their areas of science, technical, social, political and cultural issues in the field of people who are experts attending the seminar will have the ability to comment. Students to college life and joined the program during the seminar will be about 48-50.

#### **RCUL102 University Culture-II**

(0+2+0) 1 ECTS: 1

This course of university students, social, cultural and political events related intellectual knowledge to have the general curriculum outside the multidisciplinary knowledge in the process of being open, critical and critical thinking and analytical acting ability that aims to give. Students also discussed in public outside their areas of science, technical, social, political and cultural issues in the field of people who are experts attending the seminar will have the ability to comment. Students to college life and joined the program during the seminar will be about 48-50.

#### **RPRE104** Entrepreneurship and Project Culture

(2+0+0) 2 ECTS: 3

This course includes comprehensive information about graduation project implementation instead of graduation project, student-centered, bringing all academicians for determining a goal for real life, discovering new things, problem solving, time management skills and community service.

#### **COURSES for ERASMUS**

# **NRS223 Communication in Nursing**

(2+0+0) 2 ECTS: 3

This course includes the concept of communication, variables which affect communication, the difference between professional relationship and social relationship, techniques which affect communication either positively or negatively, individuals nurse relationship stages, self-recognition in communication, assertiveness in communication, approaches to some of the patient-individual behaviors, communication in special cases.

#### NRS225 Microbiology

(2+0+0) 2 ECTS: 3

This course includes basic concepts on microbiology, microbial morphology and physiology, bacterial metabolism, genetics, and the classification microorganisms, and control of microorganisms pertinent to the health care arena.

# NRS226 Pharmacology

(2+0+0) 2 ECTS: 2

This course includes basic concepts in pharmacology and toxicology, pharmacological properties and side effects of the drug acting tissue and organ systems.

#### **NRS322 Case Studies in Pediatric Nursing**

(4+4+0) 6 ECTS: 8

This course includes specific pediatric case studies related to case management about pediatric nursing management through functional health patterns model. Each case present analytic thinking and problem solving skills about definitions, types and severity of childhood disease, and related nursing care process and case management.

#### **NRS323 Research Methods**

(3+0+0) 3 ECTS: 4

This course focuses on the importance of nursing research, research process and types of research, data collection, research ethics, written and oral presentation of the research, the use of research in nursing practice.

#### NRS324 Biostatistics (3+0+0) 3 ECTS: 4

This course includes data preparation for statistical analysis, data analysis methods, parametric and non-parametric tests, selecting the appropriate tests and interpretation of research results, assessment of research critically.

#### **NRS327 Stress and Crisis Management**

(2+0+0) 2 ECTS: 3

This course includes data preparation for statistical analysis, data analysis methods, parametric and non-parametric tests, selecting the appropriate tests and interpretation of research results, assessment of research critically.

#### NRS333 Psychosocial Care

(2+0+0) 2 ECTS: 3

This course is designed to provide an overview of psychosocial adaptation and coping concepts used when caring for patients with acute and chronic disease in a variety of settings. Course contents include therapeutic communication skills, normal and abnormal behaviors, treatment modalities, and developmental needs. Upon completion of this course, students will demonstrate the ability to assist patient in maintaining psychosocial integrity through use of nursing process.

#### NRS421 Case Studies in Psychiatric Nursing

(4+4+0) 6 ECTS: 8

This course includes specific psychiatric case studies related to case management about psychiatric nursing management through functional health patterns model. Each case present analytic thinking and problem solving skills about definitions, types and severity of psychiatric disease, and related nursing care process and case management.

NRS422 Palliative Care (2+0+0) 2 ECTS: 3

This course is designed to provide an overview of the knowledge about palliative nursing care, quality end of life care, long term care, principles of patients and family assessment, ethical considerations, symptom assessment and management such as pain, fatigue, vomiting. Course contents include therapeutic communication skills at the end of life, nursing interventions in a variety of end of life settings. Upon completion of this course, students will know the skills to care terminal ill patient holistic.

#### **NRS423 Transcultural Nursing**

(4+4+0) 6 ECTS: 8

This course is designed to provide the knowledge about theory of transcultural nursing. Course contents include understand of the concept culture, cultural deficit, belief and value system and the effects on person's health behavior of them. The students will have a knowledge about the effects of transcultural issues to caring of healthy or ill patients. They have awareness about the cultural sensitive persons or groups and managing of the care needs of them.

#### **NRS424 Clinical Practices**

(2+16+0) 10 ECTS: 10

This course is designed to provide an overview of clinical practices in a variety of clinics such as medical-surgical and intensive care units with the children or adult patients. The nursing students will have clinical experience and special caring skills for the patients. Course contents include assessment of care needs of patients and planning the proper nursing care plan for the patients and their family via holistic nursing perspective. The students will use the forms of "Gordon's Functional Health Patterns" to assess and evaluate the patients care needs. Focus is on use of health education and counseling with patients and their families in selected settings.

This course builds theoretical and practicum basis on public health nursing to gain an understanding of individuals, families, groups and communities. The content of program; Community Health Assessment-Decision Making, Planning, Implementation and Evaluation, Primary Prevention Strategies, Health Promotion, Risk Reduction, Disease Management and Control Strategies, Primary Health Care Services.

# **PSY102 Introduction to Psychology II**

(3+0+0) 3 ECTS: 5

This course will serve as an overview of general principles, concepts, and facts about human behavior and the major fields within psychology. This course provides an objective and scientific approach to the study of human behavior. Course topics include scientific methods of research in psychology, biology and behavior, sensation and perception, learning and cognition, and developmental and social psychology.

#### **Foreign Languages (Elective Courses)**

FALL						SPRING					
Code	Course Name	T	P	C	ECTS	Code	Course Name	T	P	C	ECTS
ARA121	Arabic-I	3	0	3	3	ARA122	Arabic-II	3	0	3	3
CIN121	Chinese-I	3	0	3	3	CIN122	Chinese-II	3	0	3	3
ISP121	Spanish-I	3	0	3	3	ISP122	Spanish-II	3	0	3	3
RUS121	Russian-I	3	0	3	3	RUS122	Russian-II	3	0	3	3